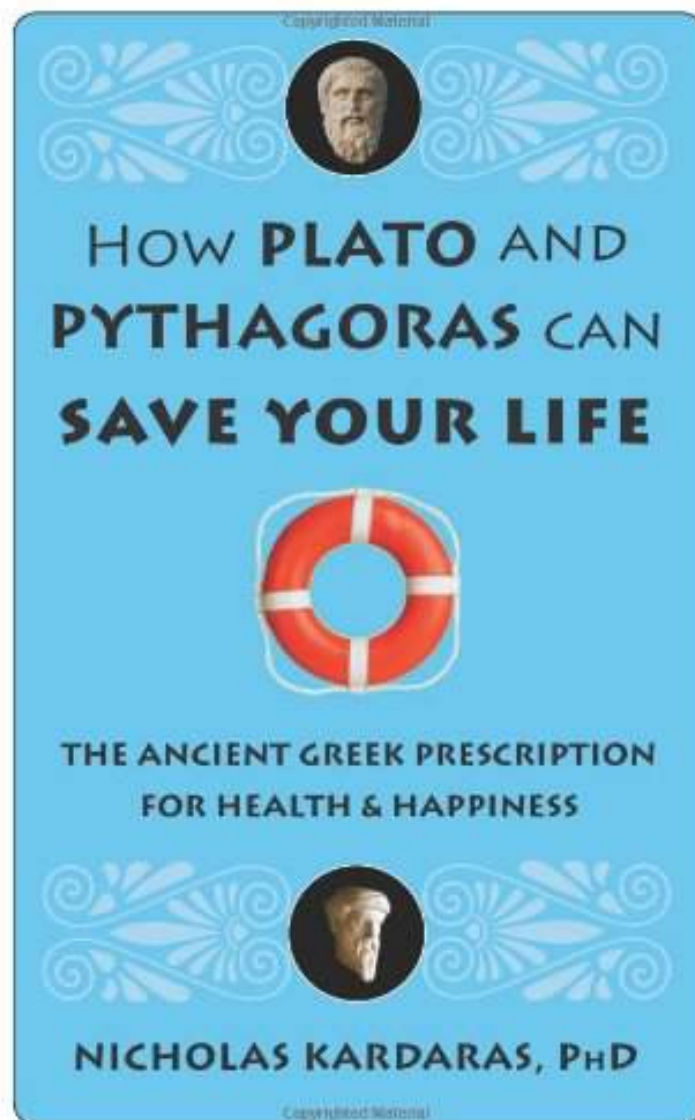


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5 of 5 review helpful Title very misleading By Vanhooligan75 Not at all what I thought it would be I m both a Plato and Pythagoras admirer but was more interested in learning how one might apply their theories into modern day life This book however reads more like a history text book and personal memoir mash up With each chapter I kept thinking maybe the next one will finally get into it maybe the next but I was University professor psychotherapist and recovering former nightclub owner Dr Nicholas Kardaras presents a mind blowing reality rocking and life changing approach to Greek philosophy Having once owned celebrity studded NY nightclubs where he had mingled with the likes of JFK Jr Uma Thurman and Tom Cruise Kardaras would emerge from that glamorous yet self destructive world to discover the powerful and transformative teachings of his ancient ancestors To his amazement From Publishers Weekly A former New York City nightclub owner and drug abuser Kardaras is a psychology professor who turned his life around through immersion in ancient Greek philosophy He introduces readers to some key ideas of the rational mystics Pythagor

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